Kevin's Rule of Life (revised Summer 2011)

Vision: "Yourself and myself"

Mission: Constantly pursue and work towards the proper ordering of my loves – first things first. "When 1st things put 1st, 2nd things are not suppressed by increased" Hats: Son of God; Soulmate of Susan; Servant of Christ, that is, the Church (GCTS/Pierce/LTi/GC/Park Street); Student of the faith.

	Spiritual	Relationships	Physical	Recreation/Interest	Missional
Daily	Scripture Reading Prayer (2 ears/1 mouth)	breakfast/dinner with S. (no computer/ iPhone/book/etc.) attend to people with whom I interact	 sleep (6-8 hours) stay hydrated eat well (salad for lunch) walk/bike rather than drive 	keep up w/ daily news listen to NPR music	seek to glorify God in new role for Pierce/Lti (work hard, do good work) be transformed through the renewing of my mind
Weekly	Sabbath (no electronics) Journal 3-4x Soul Care accountability Church small group afternoon stroll 2-3x	at least one fun evening with friends call immediate family (esp. Dad) call friends bi-weekly poem on Sunday mornings with S. Send out b-day/anniversary cards	run 3-5x/week, lift when I feel so inclined alcohol mostly on weekends no alarm on Saturday one long run swim or bike at least once basketball/tennis/frisbee	read good literature 3-5x practice piano 3x (lunch break when working from home) "A Prairie Home Companion"	Great Conversation course at Gordon College Teach Christian Formation class at Park Street
Monthly	memorize passage of Scripture with S fast inventory loves outdoor adventure	spend time with S's co-workers Book Club Hospitality - host dinner guests at least 3x > 1 day trip with S. Coolidge Corner Theater Write 3-4 letters		culture (theater, museums, symphony, theater, film, etc.) 1-2x Explore New England (Trustees of Reservations)	Financial: tithe discipleship meeting with xxxxx - 1-2x Spiritual Direction read 3-4 books (pleasure, interest, academic field) Meet with xxxxx on NT/theology/prayer
Annually	Retreat New Year: reflect on goodness of God and record the story	see both of our families several times (weekend trips/vacations/etc.) >1 man trip annual D.C. trip with	• >1-2 long road races	volunteer NPR 2x >2 camping/hiking trip stay at a B&B with S. >1 Celtics and Sox game _ & _: brew my own beer	assess and tweak Rule of Life bi-annually, or whenever necessary.